

24-hour expert support



Susan L. Simons, M.S., B.C.E.T.S., F.A.A.E.T.S

Susan is considered to be one of the Nation's leading experts in the specialized field of stress management in public safety and emergency services. She has provided training seminars and programs since 1994 for various local, state and federal law enforcement agencies focusing on stress

management, critical incident response / reactions and the impact of this lifestyle on the family.

She has provided training for the United States Air Force Europe, served as a consulting clinician in New York City, providing assistance and training to officers with the NYPD post September 11, 2001 and is currently serving as a consultant to the Allied Pilots Association (American Airlines). She has been a guest instructor for numerous prestigious international and domestic organizations, including the Federal Bureau of Investigation, various FBINAA groups, International Association of Law Enforcement Firearms Instructors, SWAT Roundup and the International Aviation Security Academy and Conference to name a few.

Susan is a Train the Trainer for the International Critical Incident Stress Foundation and a member of the Premier Speakers Bureau for the National Center for Crisis Management.

Susan has shared the stage on several occasions with Lt. Col. Dave Grossman (USA, ret.), Author On Killing and On Combat, who states: "She has been there for our police and military, at time of need, literally worldwide. Susan Simons is a national treasure and a fellow warrior-healer who I am proud and honored to call a friend and a colleague."



Contact Susan at
(855) 889-2348 toll-free
susan.simons@undertheshield.com



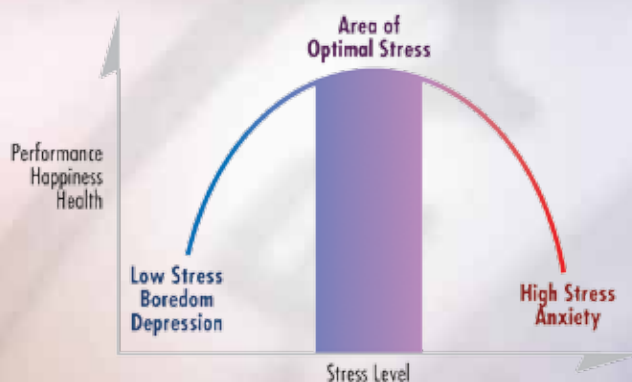
Committed to reducing stress and improving the quality of life for **Law Enforcement Personnel, Emergency Services, Military** and their families.

MINIMIZE WORKPLACE:

DECREASE ILLNESS

- Absenteeism
- Diminished Productivity
- Employee Turnover
- Direct Medical Costs
- Legal & Insurance Fees
- Workers' Compensation Claims
- Workplace Violence

- Cardiovascular Disease
- Asthma
- Diabetes
- Immune System Disturbances



STRESS COACHING IN:

CIPS TRAINING:

- Sleep Issues
- Family/Relationship Issues
- Depression
- Anxiety
- Addictions
- Health Issues
- Suicide Prevention
- Other Stress-Related Symptoms

- (Critical Incident Peer Support)
- Incident Briefing
- After-Action Briefing
- Line-of-Duty Death